B"H Shidduch Information Sheet PERSONAL INFORMATION:

Contact Information: Tamar Adelstein, mother; tele # 718-774-0914 or Cadelstein@aol.com

Last Name: Adelstein First and Middle Hebrew Name: Yosef Tzvi Dovid, known as Yussel Family Background: I am - <u>Frum from Birth</u> My Parents are - <u>Baal Teshuva</u>

Age: 30 Height: 6' 2" Took the Dor Yishrim Test? <u>Y</u> Date of birth (mm/dd/yy): 3/8/83 --I am 30 currently I am a <u>Yisroel</u>

Hebrew Date: Chof Daled Adar Bais

PERSONAL BACKGROUND INFORMATION:

EDUCATION: I went to CH schools until 7<sup>th</sup> grade when I began attending Mikdash Melech Yeshiva jr and sr high school located in Flatbush, BKLYN

Yeshiva / Seminary: I went for a semester to the Israeli branch of Mikdash Melech Yeshiva and then I attended Rabbi Avtzon's program in Yerushalayim. I came home to work and then went back to attend the first year Cooking School with Yosef Lambiasi and Rabbi Avtzon which I graduated.

College: I then returned home and opened the menu in Bunch of Bagels in Crown Hts. I later worked for a while in business in Connecticut and then decided to enter into my family's food distribution business.

WORK HISTORY:

Currently Employed? yes Occupation: manager at Finest Foods Distributing Company, Queens, NY

I have taken 2 Dale Carnegie Courses to upgrade my business, leadership, and communication skills in the last year.

FAMILY BACKGROUND INFORMATION:

Father's Name: Steven/Simcha Mother's Name: Caral/Tamar practitioner Occupation: owner of a food distributing company Occupation: homemaker and homeopath: flower essence

My Parents are Married

Mother's Maiden Name: Rickler

Please list siblings (including spouses), ages, school they are currently attending, current place of residence:

Name Place of residence Details

Ayallah Greenberg, 33, Yerushalayim, married to Izzy Greenberg, works for shuluchim doing PR, two young sons, recently moved to Yerushalayim

Sosha-Gittle, 29 Boulder, CO, single, working

Altie Sher, 27 Flatbush, married to Matt Sher, nurse by profession, one child

Yehuda, 26 CH, single, working

Chaya, 23 CH, married to Nathaniel Levy, working

Shaina-Rochel, 21 CH, single, studying toward a medical degree

Penina, 19 CH, single, in Seminary in Israel

Tehilla-Hinda, 16 CH, single, high school

MANDATORY INFORMATION - REFERENCE:

References: (Please be sure to include at least one Rav, teacher/mentor, family friend, close friend)

Name: \_Rabbi Yehoshua Werde\_347-693-048 rabbi and mashpia

Name: \_Rabbi Raphael Wallerstein\_after Noon: 917-903- 2951, 718-692-1429 former principal at Mikdash Melech and all around nice guy who cares about his former talmidim (although I haven't spoken to him in a while)

Name: \_Rabbi Avtzon—in Yerushalayim--don't know how to get it

## PERSONAL CHARACTERISTICS AND INTERESTS:

What are three to five most important midos or qualities that you seek in a spouse? List in order of importance.

- 1. \_\_\_\_someone who gets along with others and is on the ball, sharp, if not sharper than I am
- 2. \_\_\_\_nice looking and a good dresser

3. \_\_\_\_someone who has more patience than me since this is one of my toughest middos to do

Parnosa:

work full time in family food business

Qualities That Best Describe Me: generous, a loyal brother, sharp, responsible with finances

Interests/Activities That I Enjoy: travel, sports, cooking